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IN THE CLAIMS

1. (Currently amended) A hormonal regimen wherein at least one of the daily dosages comprises at least 0.5 mg of norgestimate and an estrogen component which does not exceed in the range of 20-35 mcg Ethinyl Estradiol (EE) equivalent.

Please add new claims 2-19 as follows:

- 2. (New) The regimen of claim 1 wherein said daily dosage has norgestimate in the range of 0.5-0.8 mg.
- 3. (New) The regimen of claim 1 wherein said daily dosage has at least 0.8 mg of norgestimate.
- 4. (New) The regimen of claim 3 wherein the said daily dosage has norgestimate in the range of 0.8-1.2 mg.
- 5. (New) The regimen of claim 2 wherein said daily dosage has at least 1.0 mg of norgestimate.
- 6. (New) The regimen of claim 5 wherein the said daily dosage has norgestimate in the range of 1.0-1.8 mg.
- 7. (New) The regimen of claim 1 wherein said daily dosage has at least 1.2 mg of norgestimate.
- 8. (New) The regimen of claim 1 wherein said daily dosage has at least 1.8 mg of norgestimate.
- 9. (New) The regimen of claim 1 wherein said daily dosage has at least 2.5 mg of norgestimate.
- 10. (New) The regimen of claim 2 wherein said daily dosage of said norgestimate is 0.5 mg.

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11. (New) The regimen of claim 4 wherein said daily dosage of said norgestimate is 0.8 mg.

- 12. (New) The regimen of claim 1 wherein said estrogen component does not exceed 25 mcg ethinyl estradiol equivalent.
- 13. (New) The regimen of claim 1 wherein said estrogen component is ethinyl estradiol.
- 14. (New) The regimen of claim 1 where in said estrogen component is 20 mcg ethinyl estradiol.
- 15. (New) The regimen of claim 1 wherein said is multi-phasic, with one phase having a daily dosage of norgestimate of at least 0.5 mg and another phase having daily dosage of norgestimate of less than 0.25 mg.
- 16. (New) The regimen of claim 1 wherein said is multi-phasic, with one phase having a daily dosage of norgestimate of at least 0.8 mg and another phase having daily dosage of norgestimate of less than 0.25 mg.
- 17. (New) The regimen of claim 1 wherein said regimen consists of a 21-28 daily dosages for a cycle, and wherein the total norgestimate in said cycle is at least 8 mg.
- 18. (New)The regimen of claim 17 wherein said total norgestimate in said cycle is at least 12 mg.
- 19. (New)The regimen of claim 18 wherein said total norgestimate in said cycle is at least 20 mg.